

STAY SANE for BUSINESS OWNERS



20 TIPS



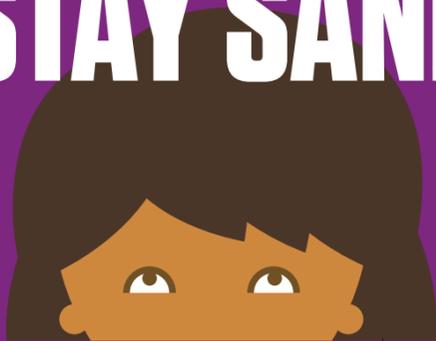
Running your own business can be rewarding, and there are many advantages to being in control of your working life, but sometimes this responsibility and the non-stop work, decision-making and staff management can take its toll.

According to a study by insurance provider Simply Business, almost half of the 2,000 individuals surveyed cancel social plans at least once a week, a quarter take less than 10 days' annual leave and 25% have fallen ill due to stress and overwork.

So how can you make sure you enjoy the good bits of being your own boss, and don't get overwhelmed by all the other bits?

Turn over to discover Castletons'

20 TIPS for BUSINESS OWNERS to STAY SANE



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To find out more about how we can help you, please get in touch.



Castletons was established in 1997, meaning 2017 is our 20th birthday.

We have grown the business over the past 20 years to offer clients bespoke solutions for all their accounting, business and finance needs. With a dedicated team of experienced professionals, we have a reputation for friendly and approachable accounting, tax and business advisory services.

Our team is a mix of home-grown talent and senior professionals who have previously worked for national firms – which means our clients enjoy a high level of expertise and a very personal service.

We would like to thank all our clients – old and new – for their business, and of course all our staff for the part they have played over the last 20 years.

